

Mt. Washington Bed & Breakfast Sustainable Lodging Mission Statement

The Mt. Washington Bed and Breakfast is committed to the environment. We are striving to continually reduce our carbon emissions and our impact on the environment. We have joined the New Hampshire Sustainable Lodging Program to assist us in our endeavors.

These are some of the steps we have taken:

- We recycle paper, glass, metal, and plastic and provide a recycle bin for our guests to place their recyclables.
- We use linen napkins whenever possible or use napkins made of recycled material.
- We are replacing light bulbs with energy efficient bulbs and turn out lights in guest areas when we do not have guests.
- We set thermostats down in common areas when not in use and in all rooms when we do not have guests. We also invite our guests to assist us in conserving fuel by keeping thermostats set no higher than 68 degrees.
- We decided to forego central air conditioning and use energy efficient window air conditioners in guest rooms. We invite guests to assist us in conserving energy by turning air conditioners off when out for the day.
- When appliances need to be replaced, we do so with energy efficient models.
- We use water saving fixtures and ask guests to reuse towels and linens. We do provide fresh towels/linens upon request.
- We use low-VOC paints.
- Whenever possible we buy local products, services, etc.
- We compost.
- We practice organic gardening methods and plant primarily native species that require less water and are more pest-resistant.

We invite our guests to join with us in these efforts, both during your stay and after you leave our inn, to preserve the reasons that we come to these mountains and rivers.